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A survivor is very talented at anticipating possible problems at work and at home and planning a response to them. (Much like the old saying, "Prepare for the worst, and hope for the best.") People who hate to look before they leap often accuse survivors of being needlessly fearful, stick-in-the-mud thinkers.

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The eight factors are: 1) leadership (the attitude or habit of gathering and organizing people), 2) problem solving (the attitude or habit of strategically tackling problems), 3) altruism (the personality trait that leads people to care about and help others), 4) stubbornness (the personality trait, attitude, or

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